



PURE GOLD

WITH
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Grab a ton of belief

GROWING CONFIDENCE: Delissa Kimmince hopes her maiden ton will be the start of even greater things.

Picture: WILL RUSSELL/GETTY IMAGES

CRICKET: Australian cap Delissa Kimmince is revelling in her "senior" role leading a young Gold Coast Dolphins club side into battle in the QCA women's competition.

The club's star performer as a Queensland and Australian representative, Kimmince recently scored her maiden century in any form of cricket, 125 off 128 deliveries against Western Suburbs.

Now a stellar season awaits the Warwick-born Kimmince.

"We have a very young side so I think if we (Dolphins) are going to be successful I have to stay out there and help the young girls along," she said.

"I like that, it gives me more time to settle into the innings." Kimmince missed last weekend for the Dolphins because of Queensland Fire duties but the girls still managed to beat University.

It was a good weekend for Kimmince too as she continued her fine form for the state

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DELISSA KIMMINCE

team, helping the Fire get their WT20 title defence off to a flying start with a clean sweep of

victories over the Western Fury in Perth.

Opening the batting in both matches, she scored 29 off 19 balls in the first game and 20 off 13 in the second to complete a perfect weekend.

At the end of the month Kimmince will head to Canberra for the first of a series of matches against the West Indies and says she hopes her maiden century is a sign of things to come.

"I got stranded a couple of

times last year on 97 not out, then when I played in England I got run out for 94 so I've been close but never got there," she said.

"To be honest I haven't had much confidence," she said.

"It's nice to get time in the middle.

"You can have all the time in the nets you want but it's that invaluable time in the middle that is worth more than all the nets sessions."

- JACK HARBOUR

Three still in a league of their own

RUGBY LEAGUE: They have been in good paddocks since they wound down their playing days but memories of yesteryear were revived when the Men of League Foundation boys had a social get-together in the serenity of the greens at Coolangatta Bowls Club.

Pictured are Mick Ryan, Greg Cox and Graham Eadie - all former Sydney competition stars in their prime - enjoying

the atmosphere that long-time friendships can bring.

"I was holding my stomach in, all right?" Ryan said of the snap taken at the bowls day on Sunday.

Ryan, a Tweed Seagulls junior product, played for Canterbury, Newtown and Eastern Suburbs; Cox had stints with Balmain, Western Suburbs and Cronulla; and Eadie was a champion fullback for both

Manly and Australia. But the Men of League is not all about big names from the major competition.

"There are so many people out there who have been involved in rugby league in general and this is all about being involved," Ryan said.

"It's all about helping out and caring for the less fortunate in the rugby league community."



NEW BALL GAME: Men of League past champions (from left) Mick Ryan, Greg Cox and Graham Eadie. Picture: GRAHAM CALLAGHAN



DEMAND: Georgia Blair.

Rep calls galore for Blair

SOFTBALL: Dual national representative Georgie Blair has been confirmed in a Queensland under-19 squad to prepare for the 2015 representative campaign.

The selection was a natural after Blair featured in the win by her Redlands club in the Queensland titles last weekend. But Blair has already been named in an Australian squad preparing for an international under-19 series in the USA next year. And she played for an Australian under-19 baseball side that won a big tournament in Hong Kong earlier this year.

The queen of diamonds from Hope Island will shortly have time to cram in all her training commitments when she completes Year 12 at St Margaret's Anglican Girls School at Ascot in Brisbane.

Coaches' club starts

RUGBY UNION: The first information session for the newly formed Gold Coast District Rugby Union Coaches Club is to be held later this month.

The concept behind the club, according to GCDRU manager Heath Claydon, is to improve the standard of coaching across the board, from the youngest of juniors to open senior levels.

"We already have 23 coaches nominated for the first session and we're extending an open invitation to coaches from schools and clubs to attend so we can outline the entire concept of this," Claydon said.

"Hopefully we'll be having them once a month, maybe twice a month in preseason."

The first coaches club get-together is at Tees Clubhouse at Royal Pines Resort on Tuesday, October 28, at 6pm.